

"If your child is fussy eater,
set the menu for the week
for him/her. Giving choice
and the authority to
decide will solve half the
problem".

Sudha Gupta, Parenting Expert
and Chairperson, Mother's Pride

MAY - 2016

<i>Holiday</i>	<i>1st May</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>2nd May</i>
<i>Chapati with Nutri Matar</i>	<i>3rd May</i>
<i>Rajma with Jeera Rice and Salad</i>	<i>4th May</i>
<i>Vada Sambhar with Fruit (Muskmelon)</i>	<i>5th May</i>
<i>Veg Cutlet with Sprouts Salad</i>	<i>6th May</i>
<i>Holiday</i>	<i>7th-8th May</i>
<i>Pav Bhaji with Salad</i>	<i>9th May</i>
<i>Chapati with Lauki Kofta Curry with Raita</i>	<i>10th May</i>
<i>Black Chana with Jeera Rice and Salad</i>	<i>11th May</i>
<i>Chapati with Matar Paneer and Salad</i>	<i>12th May</i>
<i>Mixed Vegetable Pulao with Lauki Raita</i>	<i>13th May</i>
<i>Holiday</i>	<i>14th-15th May</i>
<i>Summer Break</i>	<i>16th-3rd July</i>